

A stone archway made of large, dark grey stones stands in a lush green landscape. The archway is the central focus, leading the eye into the distance. The background features rolling green hills under a sky filled with soft, white clouds. The overall mood is serene and ancient.

SACRED IRELAND JOURNEYS
Weaving Elder Wisdom

A time comes when the call is strong to take counsel with our soul as we navigate the transitions and thresholds of our lives. The call to step through a portal and commune with the sacred. Welcome to the portals of Ireland.

There is an ancient wisdom that reverberates here. It echoes through history, lore, and legend. It emanates from the land. It vibrates through the megalithic landscapes. It lives in the people. *Weaving Elder Wisdom* is an invitation to encounter this living heritage of wisdom and spirituality. An invitation to nurture your soul and explore, to paraphrase poet Mary Oliver, what you will do with the rest of your one wild and precious life.

This is not simply a tour of sacred sites, although we will visit many. It is a journey of sacred connection woven through ceremony and meditation in ancient landscapes, workshops and guided journeys, music and stories. It is a weaving of land and legend, history and mythology. Threads of wisdom to weave into the patterns of your life.

Two Journeys

May 14th - 25th June 4th - 15th 2021

Your Itinerary



Sacred Portals of Sligo *Days One, Two, Three, & Four* *Sligo Lodging*

We begin our journey in the mystical landscape of Ireland's indigenous spiritual ancestors. Stepping through the portals of the Carrowkeel cairn temples, Carrowmore stone circles, caves of Keash, and Benbulbin groves, we breathe with the Earth and welcome sacred connection with ancestral energies. This land and these ancient sites are infused with an ancient knowing and we cross the liminal thresholds to welcome this wisdom.

Our time at the Tobernault Holy Well on the shores of Lough Gill will offer insights about the conflicts and complexities of Ireland's religious heritage. We will also explore the delights of Sligo Town, including a visit with Michael Quirke, Carver of Myth & Legend and engaging storyteller.



Megalithic Mysteries *Days Five, Six, & Seven* *Fore Lodging*

Uisneach is the mythological, geographic, and sacred center of Ireland. This landscape has been the site of political, cultural, religious, and mythological events throughout Ireland's history. Our guided tour will include stories of those who reigned and ruled in this place. Quiet meditation will open the gates of connection to the power of this place.

Loughcrew, the Hill of the Hag. The number and concentration of cairns and circles make plausible the legend of mystical hag Cailleach Bhearra flying over this area and spilling stones from her apron to create these megalithic sites. The stone carvings in the main cairn are among the best in Ireland and hold the perfect energy for quiet meditation. Anthony Murphy joins us in this landscape to share his vast knowledge of ancient mythology and archaeoastronomy.

Traveling to Tara, the landscape of ancient kings, we spend time with artist Courtney Davis whose iconic and ubiquitous fine art designs have served to awaken an entire generation to the glories of Celtic art.

Photos

Benbulbin

Carrowkeel Cairn

Sheela-na-Gig

Caves of Keash

Carrowmore Circle



Music of The Burren *Days Eight, Nine, Ten, & Eleven* *Doolin Lodging*

Nestled on the rugged west coast near the Aran Islands, the village of Doolin is renowned as the traditional music capital of Ireland. We spend an evening gathered around the turf fire at the home of Christy Barry, musician and storyteller. The village and three traditional pubs are within easy walking distance of our lodging.

In this burren landscape we will slip into the ancient harmonies that are woven in the land and the people. Mary O'Halloran, who grew up in this mystical landscape, joins us for two days. She holds both a deep knowing of this place and a family heritage of music, storytelling, and healing. She will share her knowledge of the Coptic Egyptian influences on the early Christian church as she guides us to some of her favorite sites, and leads us through ancient patterns of ceremony and meditation.

Exploring the bounty of this area's ancient sites, we spend time at a St. Brigit holy well, visit a monastic site and round tower, and spend time with the legend and legacy of the Sheela-na-Gig. Weather and time permitting, we may visit Inis Óir, the smallest of the Aran Islands.

Coastal Meditations *Day Twelve* *Galway Lodging*

We drive the coast road for a seaside meditation and make our way to Galway for our closing meal. Wander the walking streets and shops of Galway before retiring to your Galway lodging. The following morning bus service will take you directly to the Dublin airport for your journey home.



Photos

- Uisneach Statue
- Loughcrew Cairn
- Doolin Village
- Christy Barry
- St. Brigit Holy Well



Your Guide Team



Judith Nilan

Judith has traveled and led tours to Ireland's sacred landscapes for twenty years. A spiritual teacher, she is deeply woven with the ancestors, land, and people of Ireland. Her spiritual insights are reflected in her recent books: [A Legacy of Wisdom: The Genius, Power, and Possibility of Ireland's Indigenous Spiritual Heritage](#), and [A Call To Crone: Weaving Wisdom With Threads Of Irish Heritage](#).



Martha Calihan

Founder of Five Stones Healing Arts & Wellness Center, Martha will offer mindfulness and healing meditations within the sites and sacred landscapes we visit. Her deep connection to the natural world informs her life, her spiritual teachings, her healing work and the mindfulness meditations she offers.



Jerilynn Blum

Jerilynn's heartfelt connection to the magical megalithic landscapes of Ireland began thirty years ago. One trip, then several, became soul pilgrimages. Like a torch, Ireland lit a new life's path for her. As a therapist and meditation instructor, she helps others discover their potential as sacred beings alive to sacred life.

Your Ireland Team



Mary O'Halloran

A native of County Clare, Mary holds an ancestral knowing of this landscape. She carries forward family traditions of music, healing and storytelling, adding to that her knowledge of historical geography, archeology, folklore, and Coptic Egyptian influences on Ireland's early Christianity. Mary runs regular Healing Circles and tours to sacred sites and will be sharing with us her knowledge of the Burren and its many treasures.



Courtney Davis

Courtney's iconic and ubiquitous fine art designs have awakened an entire generation to the glories of Celtic art. The man is a legend. Through a profound mystical connection to the creative process, he has produced a staggering number of stunning paintings and published more than fifty books. [Sitting with the Spirit](#) that is Courtney awakens the muse in all of us.



Anthony Murphy

Author, archaeoastronomer, and musician, Anthony will share his knowledge of and passion for megalithic lore and landscapes. His books, [Newgrange: Monument to Immortality](#), [Island of the Setting Sun](#), and novella [The Cry of the Sebac](#) offer some of the most comprehensive, insightful, and provocative writings on these sacred sites.



Costs & Booking

2021 Dates

May 14th - 25th

June 4th - 15th

Twelve Days

The cost of \$3,600 includes lodging and breakfast, ground transportation, lectures and workshops, site admissions, and guide services. Airfare, lunches and dinners are not included.

Each *Weaving Elder Wisdom* journey is limited to ten participants. To secure your place a nonrefundable deposit of \$700 is due when booking. The balance is due two months prior to your departure date.

Itinerary may change to accommodate spontaneous opportunities or unforeseen conditions. Customized group tours are gladly arranged on request.

For more information and registration contact:

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